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BIRTHDATE: May 31, 1952

CITIZENSHIP: U.S.

UNDERGRADUATE EDUCATION:

B.A. (Psychology and History), Magna cum laude, with honors
Florida State University
Tallahassee, Florida

GRADUATE EDUCATION:

M.S. (Clinical Psychology), 1982
Ph.D. (Clinical Psychology), 1985
The Pennsylvania State University
State College, Pennsylvania

POST GRADUATE EDUCATION:

Internship in Clinical Psychology
Baylor College of Medicine
Houston, Texas
9/83 - 9/84

EMPLOYMENT:

August 1990 - present

Independent Private Practice

Responsibilities include inpatient and outpatient psychotherapy, psychological evaluations, and neuropsychological evaluations with adults, adolescents, children, couples, and families. Interventions with children and adolescents include parent training and consultations with schools. Primary treatment emphases are on Attention Deficit Hyperactivity Disorder, Anxiety Disorders, Mood Disorders, Personality Disorders, Post Traumatic Stress Disorder, and high functioning Autism. I developed and implemented an inpatient track for

treatment of severe anxiety disorders in a private psychiatric hospital. Current focus is on applying knowledge of neurobiology directly to individual assessment, psychotherapy, and school interventions in order to support integration of cognitive, emotional, and interpersonal elements of functioning in complex cases.

September 1984 - present

Consulting Licensed Specialist in School Psychology

(Including Huffman, Goose Creek Consolidated, Galena Park ISDs)

Responsibilities include counseling, psychological evaluations, and neuropsychological evaluations for learning disabled, emotionally disturbed, and developmentally delayed students from elementary through high school. I consult with administration and teachers regarding service provision for students. I develop and coordinate partially and fully self-contained Adaptive Behavior programs. I consult with the Director of Special Education regarding personnel difficulties. I serve as liaison between parents, teachers and administrators in provision of educational services. I offer parent training. I supervise doctoral trainees, counselors, and evaluators working with special education students. I complete Independent Educational Evaluations.

February 1991 - May 1996

Director of Clinical Psychology Services, Charter Hospital of Kingwood

Responsibilities included coordination of provision of psychology services in a private psychiatric hospital. I was responsible for supervising credentialing of new providers of psychological services. I developed and implemented the peer review system for Quality Assurance. I was a non-voting member of the Medical Executive Committee. I facilitated an Anxiety Disorders support group. I assisted with community public relations.

September 1984 - July 1990

Associate in Psychology Private Practice

Responsibilities included inpatient and outpatient psychotherapy and psychological evaluation with adults, adolescents, children, couples, and families. I was on the staff of the GRID Treatment Program which is designed for clients with impulse control problems. I facilitated inpatient psychotherapy process groups for adults and adolescents.

September 1983 - September 1984

Clinical Psychology Intern

Placements included Ben Taub Hospital Crisis and Intermediate Care Psychiatric Units, Baylor Psychiatry Clinic, Texas Children's Hospital Child and Adolescent Outpatient Psychiatry Clinic, Transitional Learning Community (Residential treatment of head trauma victims), Ripley Community Mental Health Center, and

The Sex Offender Treatment Program. Modes of intervention included individual and group psychotherapy, case management, psychological testing, and neuropsychological evaluations.

September 1982 - June 1983

Graduate Assistant, Center for Counseling and Psychological Services

I worked twenty hours per week in a position which included seven hours providing individual psychotherapy, two hours leading therapy groups, one hour conducting intake interviews, two hours receiving individual supervision, and five hours of didactic training. Other responsibilities included providing formal psychological assessment and conducting outreach workshops.

February 1980 - November 1982

Counselor and Administrative Assistant, Office of International Student Affairs

I worked from ten to twenty hours per week with international students in the capacity of orientation leader, academic advisor, counselor, program coordinator and developer, and leader of international adjustment workshops.

June 1976 - September 1979

Travel

I traveled extensively in North America, Europe, the Middle East, India, and the Far East. Temporary employment positions included welder, truck driver, dish washer, roofer, fork lift driver, and milk production plant line worker. Travel was educational in intent, including participation in local cultures while developing insight into psychological, social, and political realities of the areas I visited.

September 1974 - June 1976

Program Specialist, Halfway House for Behavioral Analysis Research Associates

For twenty hours per week I worked with mildly retarded adult women. My responsibilities included development and implementation of the financial skills training program, coordination of job training and placement, and coordination of volunteers. I assisted in administration of the house token economy, research, general house administration, and personal counseling of residents.

June 1974 - June 1976

Trainer and Training Coordinator, Telephone Counseling and Referral Service

I served as a crisis counselor, trainer, and training coordinator in a telephone crisis service. Duties included leading crisis counseling training groups, coordinating 100 hours of training for each new volunteer, volunteer recruitment and selection, and co-coordinating and conceptualizing NIMH research on the training program.

VOLUNTEER SERVICE:

January, 2012 – Present
Adjunct Associate Professor
University of Texas Health Science Center, San Antonio
School of Medicine, Department of Psychiatry

January, 2004 – June, 2011
Clinical Associate Professor, Adjunct Clinical Faculty
September 1987 – December, 2003
Clinical Assistant Professor, Adjunct Clinical Faculty
Baylor College of Medicine, Menninger Department of Psychiatry

I supervised psychology interns conducting individual psychotherapy and psychological evaluations. I lectured psychology interns regarding applying neuroscience to psychological interventions. I lectured psychiatry residents and fellows regarding psychological testing, school consultations, behavior management techniques, and family-school interactions.

September 1997 – September 2001
Member of the Shared Decision Making Committee, West University Elementary
I participated in decision making regarding physical plant, overcrowding, dress codes, gifted and talented programs, and provision of ancillary services.

September 1993 - June 1995
Psychological Consultant for Saint Andrew's Presbyterian Preschool
I consulted regarding management of particular students with problems. I presented to teachers regarding managing difficult children in the classroom and interacting with defensive parents.

October 1994 - June 1995
Chairman, Parent Education Committee, Poe Elementary School
I coordinated lectures to elementary parents, and published a series of parenting articles in the school newsletter.

September 1980 - November 1982
Trainer and Training Supervisor
I helped lead basic and advanced helping skills courses in the Department of Individual and Family Studies, The Pennsylvania State University.

March 1981 - June 1982
Clinical Practicum Leader
In coordination with the Director of Clinical Training in the Department of Psychology, I developed and implemented an annual ten week practicum training

experience for first year clinical psychology graduate students at The Pennsylvania State University.

AWARDS:

Florida Regents Scholar, 1970 - 1971

Phi Beta Kappa, Florida State University

Phi Kappa Phi, Florida State University

NIMH Traineeships for Graduate Education, 1979 - 1981

Don Trumbo Fund Research Award, The Pennsylvania State University, 1981

A grant proposal, "Counselor response effects in different cultures", was unanimously approved by the NIMH Social & Clinical Sciences Subcommittee, Mental Health Small Grants Division, but sufficient funds were not available to support the study.

The Pennsylvania State University Graduate School Fellowship, 1981 - 1982

ORGANIZATIONS:

The American Psychological Association

The Texas Psychological Association

The Houston Psychological Association; Co-Chairman of Legislative Committee
(@1992 -1993)

ARTICLES, PAPERS, BOOKS, SYMPOSIA:

Folensbee, R.W. (1976). "Behavior analysis of the American Revolution." Paper presented to the Midwestern Association of Behavior Analysts, Chicago, Illinois.

Folensbee, R.W. (1976). "Telephone Counseling and Referral Service training: Method and Rationale." Paper presented at the annual meeting of the Florida Psychological Association, Clearwater, Florida.

- Folensbee, R.W. (1982). "International student orientation as seen by students." Panel member at the Northeast Conference on International Education, Albany, New York.
- Folensbee, R.W. (1982). "Ethics and advising for advisors of international students." Panel member at the Northeast Conference on International Education, Albany, New York.
- Borkovec, T.D., Wilkinson, L., Folensbee, R.W., Lerman, C. (1983). "Stimulus control applications to the treatment of worry." Behavior Research and Therapy, 21, 247 - 251.
- Folensbee, R.W. (1984). "The impact of counseling interventions on members of three cultural groups." Paper presented at the Seventh International Congress of Cross-Cultural Psychology, Acapulco, Mexico.
- Folensbee, R.W. (1984). "Reducing Worry: A controlled therapy outcome study." Poster Session at the National Convention of the Association for the Advancement of Behavior Therapy, Philadelphia, Pennsylvania.
- Folensbee, R.W. (1984 - 1987). "Nature and Management of Worry." Presentation given to Houston professional groups including: petroleum engineers, accountants, secretaries, and physicians.
- Folensbee, R.W., Draguns, J.G., Danish, S.J. (1986). "Impact of two types of counselor intervention on Black American, Puerto Rican and Anglo-American analogue clients." Journal of Counseling Psychology, 33, 446 - 453.
- Folensbee, R.W. (@1990). "Worry treatment research: Common themes in cognitive behavioral and psychoanalytic interventions." Presentation to the Houston Psychological Association.
- Folensbee, R.W. (@1994). "Attention Deficit Hyperactivity Disorder: An experiential approach to understanding and management." Presented to educators of Region IV of the Texas Education Agency.
- Folensbee, R.W., Caperton-Brown, H. (1994, 1995). "Neuropsychology for Diagnosticians: Integrating neurophysiology with assessment." Presented to Houston Metropolitan Area Association of Diagnosticians.
- Folensbee, R.W. (1986-1996). "Raising responsible children: Parenting guides." Presented to a variety of parent groups.
- Folensbee, R.W. (1996). "Managing aggressive parents: A guide for teachers." Presented to teachers in the Huffman Independent School District.

Folensbee, R.W. (1996). "Understanding and working with emotionally disturbed children." Presented to teachers in the Huffman Independent School District.

Folensbee, R.W. (1998, 2000). "Applying Neuroscience Advances to Psychotherapy Conceptualization and Intervention." Workshops presented to Texas Psychological Association annual meetings.

Folensbee, R.W. (2002). "Parenting Your Child's Brain." Presented to parents in Humble Independent School District.

Folensbee, R.W. (2002). "Brain Science for Counselors." Presented to counselors in Deer Park Independent School District.

Folensbee, R.W. (2002). "Brain-based Psychotherapy: Model and applications." Workshop presented to Texas Psychological Association annual meeting.

Folensbee, R.W., Eddins-Folensbee, F.F. (2003). "Brain-based Psychotherapy: Structure for training." Workshop presented to American Association of Directors of Psychiatric Residency Training, annual meeting.

Eddins-Folensbee, F.F., Folensbee, R.W. (2003). "Teaching Child Development – Where to start." Workshop presented to American Association of Directors of Psychiatric Residency Training, annual meeting.

Eddins-Folensbee, F.F., Folensbee, R.W. (2003). "Back to School Supplies for Child and Adolescent Psychiatry Residents." Poster session presented to American Association of Directors of Psychiatric Residency Training, annual meeting.

Folensbee, R.W. (2003). "Brain-based Psychotherapy: Model and applications." Workshop (6 hrs.) presented to Southeastern Psychological Association annual meeting.

Folensbee, R.W. (2003). "Brain-based Psychotherapy." Presented at the Grand Rounds of the Texas Tech University Department of Neuropsychiatry.

Folensbee, R.W., Eddins-Folensbee, F.F. (2004). "Integrating Neurobiology and Psychotherapy." Presented at the Scholarly Activity in Psychotherapy Training Pre-Meeting for the American Association of Directors of Psychiatric Residency Training, annual meeting.

Folensbee, R.W. (2004). "Applying Brain Science to Development of School Interventions." Workshop (1.5 hrs.) presented to Hou-Met Diagnosticians annual conference.

Folensbee, R.W. (2005). "What Works: Applying Brain Research to Developing Effective Teaching Interventions." Workshop (1.5 hrs.) presented to teachers at the Sam Houston Council for Exceptional Children/Texas Education Administration Region VI Professional Development Center.

Folensbee, R.W. (2005). "Applying Brain Science to the Development of School Interventions." Workshop (2 hrs.) presented to diagnosticians and psychologists at the Sam Houston Council for Exceptional Children/Texas Education Administration Region VI Professional Development Center.

Folensbee, R.W. (2005). "Applying Neuroscience to Psychotherapy." Workshop (3 hrs.) presented to the Houston Psychological Association.

Folensbee, R.W. (2005). "Applying Neuroscience to School-Based Assessment and Intervention: Model and Applications." Workshop (6 hrs.) presented to diagnosticians and licensed specialists in school psychology of Texas Education Administration Region XIV Professional Development Center.

Folensbee, R.W. (2005). "Applying Brain Science to Developing School Interventions." Workshop (6 hrs.) presented to the diagnosticians and licensed specialists in school psychology of Texas Education Administration Region XVI Professional Development Center.

Folensbee, R.W. (2006). "Parenting Your Adolescent's Brain" Presentation (1 hr.) to parents of Episcopal High School, Houston, Texas.

Folensbee, R.W. (2006). "Understanding Learning and Behavior: A Brain-Based Framework." Workshop (6 hrs.) presented to licensed specialists in school psychology of Harris County Department of Education, Houston, Texas.

Folensbee, R. W. (2007). "Applying Neuroscience to Cross-Cultural Research" (1 hr.) presented at the annual convention of the Society for Cross-Cultural Research

Folensbee, R.W. (2007). Applying Neuroscience to Psychological Therapies. Cambridge, U.K.: Cambridge University Press.

Folensbee, R. W. (2007). "Applying Neuroscience to Psychotherapy" (4 hrs.) Presented at the American Psychological Association Annual Convention.

Fox, G., Katz, D.A., Eddins-Folensbee, F.F., & Folensbee, R.W. (2007). "Teaching development in undergraduate and graduate medical education." Child and Adolescent

Psychiatric Clinics of North America, 16, 67-94.

Folensbee, R. & Borkovec, T. D. Stimulus Control of Worry. In Marks, I.

<http://www.commonlanguagepsychotherapy.org/>

fileadmin/user_upload/Accepted_procedures/stimuluscontrolworry.pdf

Folensbee, R. W. (2008). "The brain in psychotherapy: A framework." Texas Psychologist, 58(3), 17-21.

Folensbee, R. W. (2008). "The brain in psychotherapy: Intervention." Texas Psychologist, 58(4), 14-17.

Folensbee, R. W. (2009). "Neuroscience Concepts: A User-Friendly Framework Integrating Psychological and Psycho-educational Assessments with Intervention" (3 hrs.) presented at Houston Independent School District Psychological Services workshop.

Folensbee, R. W. (2009). "Applying Neuroscience to Counseling" (1 hr.) presented to school counselors at Goose Creek Consolidated Independent School District.

Folensbee, R. W. (2010). "Applying a Neuroscience Framework to Autism Intervention" (1.5 hrs.) presented at Harris County Department of Education workshop.

Folensbee, R. W. (2012). "Parenting Your Child's Middle-School Brain: Integrating neuroscience and parenting" (1.5 hrs.) presented to middle school parents at Saint Mary's Hall School.

Folensbee, R. W. (2012). "Applying Neuroscience to Psychotherapy" (3 hrs.) Presented to mental health professionals at Clarity Child Guidance Center, San Antonio, TX.

Folensbee, R. W. (2012). "Parenting Your Child's High School Brain: Integrating neuroscience and parenting" (1.5 hrs.) presented to high school parents at St. Mary's Hall School.

Eddins-Folensbee, F., Martinez, S., Klein, J., Folensbee, R., Harris, T.B., "Child Development for Medical Learners: Module One-Developmental Framework", MedEd Portal, 2012.

Folensbee, R., Klein, J., Martinez, S., Eddins-Folensbee, F., "Child Development for Medical Learners: Module Two-Developmental Neurobiology", MedEd Portal, 2012.

Eddins-Folensbee, F., Klein, J., Martinez, S., Folensbee, R., Harris, T.B., "Child Development for Medical Learners: Module Three-Developmental Lines", MedEd Portal, 2012.

Eddins-Folensbee, F., Klein, J., Martinez, S., Folensbee, R., Harris, T.B., "Child Development

for Medical Learners: Module Four-Adolescent Identity Development”, MedEd Portal, 2012.

Harris, T.B., Klein, J., Martinez, S., Folensbee, R., Eddins-Folensbee, F., “Child Development for Medical Learners: Module Five-Context of Development”, MedEd Portal, 2012.

Harris, T.B., Klein, J., Martinez, S., Folensbee, R., Eddins-Folensbee, F., “Child Development for Medical Learners-Module Six-Developmental Perspectives of Emotions and Illness”, MedEd Portal, 2012.

Folensbee, R. W., Acheson, A. (2012). “The future of neuroscience and psychotherapy.” Texas Psychologist, 63(2), 12-13.

Folensbee, R. W. (2012). “Psychodynamic Therapies within a Neuroscience Framework” (2 hrs.) presented to psychology interns, University of Texas Health Science Center San Antonio, Department of Psychiatry.

Folensbee, R. (2013). Building bridges: Right brain to left; neuroscience to clinical practice [Review of the book *Clinical intuition in psychotherapy: The neurobiology of embodied response*, by T. Marks-Tarlow]*PsycCRITIQUES*, 58 (8). doi: 10.1037/a0031003.